

PROJECT SCAFFOLD - BEST PRACTICE

(Note: Areas is green for office use only)

Organisation contributing the best practice

Best Practice Ref. Nr.		5069/001/007	
Organisation name:	Methodist Homes, Prim Villa		Date:
10/02/2022		Information provided by:	Anne Braum
Role within organisation:		Nursing Manager	
Contact email:	pv.matron@mha.co.za		Contact number:
0817771916		Stage of BP development:	Submitted
X	Under Review	X	Clarification
X	Legal Review		Sector Contributions
			Published

BEST PRACTICE

Name of Best Practice	Dementia care and support enhancements through training and equipment.
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1. This proposed best practice is primarily related to (please tick 2 most applicable boxes):

What Customers want or value		Finances / Costs		Business Processes		Staff		Systems	
Organisation Structure		Quality of care	X	Care Service Delivery		Health & Safety		Morale	
Other: Please indicate		specialized dementia care							

2. Context: Share information to give more context in relation to where this specific practice is used in your organisation.

Urban	X	Rural		Number of Social Grant Recipients				30
Care Centre	X	Independent Living		Assisted Living		Nr. of In-house staff	55	Nr. of Outsourced staff
								22
Nr. of rooms	32	Nr. of beds	77					

3. Description of best practice:

3.1 Share as much detail as possible. Where appropriate, please indicate resident participation, involvement, benefit etc.	
<p>Providing our residents living with dementia with the opportunity to experience the therapeutic effects of the Nordic Wellness chair that combines music, vibration and rocking.</p> <p>Arjo, the supplier, provided some training and support to our staff on how to get the best results for residents. This included early identification of behaviour and needs which could be addressed by residents spending 20 minutes in the chair per day. The quality outcomes for dementia care and support are very apparent. Our person centred approach combined with the use of the chair, are providing improved well-being, as well as safe and dignified multisensory hygiene routines for most of our residents. The chair is now being used 24 hours per day. it is placed in a communal area and the background effect of the music has a positive calming effect on residents also.</p>	
3.2 Why did you develop this best practice? Please describe the challenges, constraints or bottlenecks that led to this	
<p>Our residents display various behaviours due to unmet needs or unclear origin as part of their dementia, which disrupts their routines, negatively impacts their health and well-being. These behaviours can rarely be addressed with success. An opportunity to trial and use the Nordic Wellness Chair lead to Prim Villa seeing the benefits.</p>	
3.3 Why do you consider this to be a best practice? E.g., Outcomes noted	
Less medication results in quality outcomes for residents and staff. More focus on compassion and sympathy.	
3.4 Do you consider this to be compliant with the current Older Persons Act?	
Yes	x
No	
If Yes, which portions does it comply with?	If No, which portions does it not comply with?
Sections 7f, 17b – to be reviewed	
I do not know	
3.5 How long has this practice been used within the organisation? (state period in years)	3 years
3.6 What are essential aspects in the organisation that directly support / maintain this practice?	
<p>Joint vision and dedicated task team internally and education from Arjo.</p> <p>Substantial financial cost (R160 000)</p>	
3.7 What are the benefits for your residents and/or staff and other stakeholders?	
<p>A calm and dignified environment with less moments of friction. This has led to reduced medication, reduced anxiety, anger, aggression and over all well-being of residents and staff.</p>	

Thank you for your contribution to improve the lives of older individuals and those supporting them.

Send completed form to projectscaffold2021@gmail.com

3.8 What lessons were learned?

A holistic approach focusing on the positive elements of safe moving and handling, hygiene routine benefits combined with music, security and rocking really does have positive outcomes for the mind and body of residents and staff.

DRAFT FOR COMMENT